

Nitric Oxide Test Strips



Professional Testing Systems



Nitric Oxide Promotes Vascular Fitness

The OHS Nitric Oxide test strip is the best priced and most simple to use test for measuring nitric oxide status through saliva. The Nitric Oxide Test comes in a convenient bottle with 50 test strips. You simply add a drop of saliva on the test strip and after 60 seconds read the color to determine Nitric Oxide status.

Nitric oxide is a naturally produced factor along the blood stream walls (endothelium). It is a cardio-protective factor that promotes vascular wellness and better performance from the same amount of oxygen use. To promote vascular health for longevity, disease protection and performance you can now self-check your nitric oxide status. Each of us have different needs based on cardiovascular

stressors, genetic factors or the goal of increased performance. Nitric oxide will rise and fall throughout the day, therefore, the challenge is to maintain a steady elevated state by incorporating plant-based foods into your diet.

The amino acids L-arginine, Citrulline, Ornithine and Beta-Alanine have shown to increase Nitric Oxide levels through one specific pathway. Beets, red spinach and leafy greens, mixed with colorful fruits and vegetables are converted by the body to nitric oxide through a different pathway which is vital for promoting blood flow and increasing stamina during exercise. It is important to take in both amino acids and produce when increasing NO levels.

In 1998, the Nobel Prize for medicine was awarded for the discovery of the importance of nitric oxide in the cardiovascular system. The OHS Nitric Oxide Test allows you to monitor your nitric oxide status to make dietary and supplement adjustments as needed.

This test allows for two ways to determine NO status. If your finger is clean, you can simply touch the back of your tongue and apply a small sample of saliva to the test strip (furthest away from the black line) and read the results. If you want, you can place the end of the test strip with the black line on it at the back of your tongue and then fold the strip for 2 seconds. Open it up and read the color on the side of the strip furthest away from the black line. Either way works great!!!!

Please see reverse for detailed instructions.



Professional Testing Systems

For more information please contact us at:

800-890-4547 or visit us at: www.ProfessionalTestingSystems.com





Professional Testing Systems

Nitric Oxide REAGENT STRIPS FOR SALIVA

***Test results do not diagnose disease.**

INTENDED USE:

Reagent Strips for the rapid determination of Nitric Oxide in saliva.

SUMMARY AND EXPLANATION OF THE TEST:

Nitric Oxide is an important cellular signaling molecule involved in many physiological and pathological processes.

Monitoring nitric oxide status by saliva testing detects the bioconversion of plant-derived nitrate into nitric oxide.

A rise in salivary levels is indicative of diets rich in leafy vegetables which are often abundant in anti-hypertensive diets.

WARNING AND PRECAUTIONS:

- Each test strip is for a single use saliva only.
- Do not remove desiccant and Comply with reading time and insert.

STORAGE AND HANDLING:

Store in a cool, dry place at temperatures between 35.6°F ~ 86°F.

Do not store the strips in a refrigerator or freezer.

Store away from high humidity and direct sunlight or UV light.

SPECIMEN COLLECTION AND PREPARATION:

- Recommend using the saliva sample collected during morning and then again during the day as desired.
- Before testing, rinse your mouth if food residues are present.

IF DESIRE TO INCREASE NO QUICKLY:

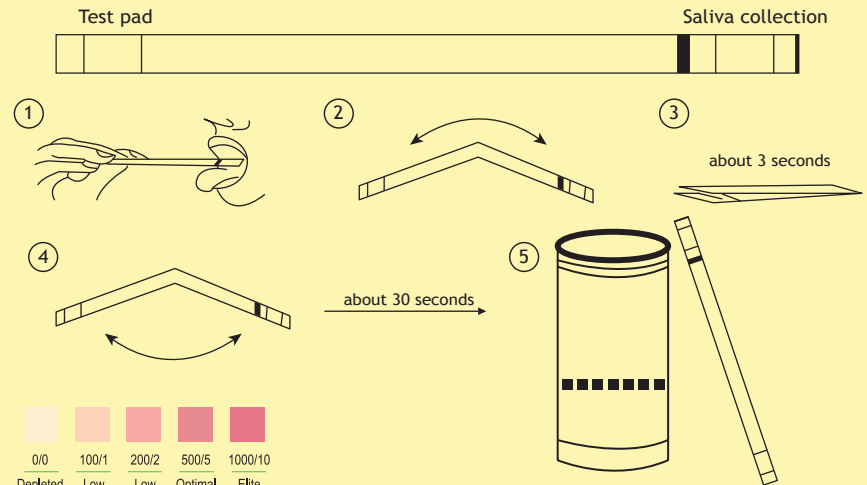
- 2 Servings of Fruit and Veggie daily.
- 4 Opti-Nitric and 1 Longevi-d-K2 morning and evening.
- Juice once a day minimum.
- Maintenance—1 half of the above amount with juice once a day.

TEST PROCEDURE AND SHAPE OF STRIP:

The procedure must be followed exactly to achieve reliable results. Please refer to the bottle label before using the product.

TEST PROCEDURE: Option #1

1. Place test strip directly on the back of tongue to collect saliva on saliva collection pad (end with heavy black line) for test.
2. Fold the two ends of the strip together to contact absorbed saliva and test pad to each other.
3. Press the saliva collection pad against the test pad for 2-3 seconds.
- 4-5. Wait 30 seconds and compare to color chart on bottle.



TEST PROCEDURE: Option #2

1. Touch back of tongue with finger to collect saliva sample.
2. Apply saliva to the test pad (furthest away from heavy black line).
- 3-4. Wait 30 seconds and compare to color chart on bottle.



Professional Testing Systems

For more information please contact us at:
800-890-4547 or visit us at:
www.ProfessionalTestingSystems.com

